



2º CICLO | Mestrado

# Psicologia do Trabalho e da Saúde Ocupacional

## Direction

André João Tavares Pacheco Rodrigues

## Number of Semesters

4

## ECTS

120

## About

## Course Plan

## 1º Ano / Comon Core

| Course Name                                                          | ECTS   |
|----------------------------------------------------------------------|--------|
| Health and Safety at Work                                            | 5 ECTS |
| Human Resources Management                                           | 5 ECTS |
| Individual and Group Processes                                       | 5 ECTS |
| Organizational Psychology                                            | 5 ECTS |
| Psychological Assessment in WP&OH                                    | 5 ECTS |
| Research Methods in WP&OH                                            | 5 ECTS |
| Data Analysis in WP & OH                                             | 5 ECTS |
| Intervention in Psychosocial Risks and Stress and Burnout Management | 5 ECTS |
| Interventions in Crisis and in Emergency Situations                  | 5 ECTS |
| Organizational Diagnostic and Interventions                          | 5 ECTS |
| Psychology of Health                                                 | 5 ECTS |
| Wellbeing, Health and Quality of Life Promotion Programmes           | 5 ECTS |

## 2º Ano / Comon Core

| Course Name | ECTS    |
|-------------|---------|
| Research    | 30 ECTS |

| Course Name | ECTS    |
|-------------|---------|
| Traineeship | 30 ECTS |